



WELDING SUPPLY
SPECIALTY GASES

NEWS

HELPFUL - HUMBLE - HONEST - HEART DRIVEN

UPCOMING RETIREMENT CELEBRATIONS

Please join us as we celebrate two longtime members of the Haun Welding Supply family and wish them all the best as they begin their next chapter.

We hope you'll stop by to congratulate Todd and Mike, thank them for everything they've contributed over the years, and wish them a happy retirement.



Mike Storie
V.P. of Sales

Todd Lund, Branch Manager – Fulton
Retirement Celebration: Friday, July 17
Location: Corporate Office, Syracuse

Cheers to
RETIREMENT!

Mike Storie, Vice President of Sales
Retirement Celebration: Wednesday, July 29
Location: Corporate Office, Syracuse



Todd Lund
Fulton Branch Manager

UPCOMING EVENTS



July 3rd

- CLOSED



July 4th

- 4th of July



July 17th

- Todd Lund's Retirement Party (SYR)



July 22nd

- Mike Storie's Retirement Cruise



July 23rd

- Summer Sales Meeting



July 24th

- Haun night @ Albany-Saratoga



July 29th

- Mike's Retirement Party (SYR)

Self Care Month

Self-care is essential for maintaining overall well-being. Taking time for ourselves allows us to recharge, reduce stress, and improve our physical and mental health. When we prioritize self-care, we are better able to handle life's challenges and take on our responsibilities with a clearer and more positive mindset.

It's not selfish to prioritize self-care; it's necessary for leading a balanced and healthy life.



WELLNESS
IN THE
WORKPLACE

ULY SAFETY SPOTLIGHT

BEAT THE HEAT

WORK SAFE. STAY COOL. STAY HEALTHY.

High temperatures and humidity can be just as dangerous as any other workplace hazard. Let's look out for each other and make smart choices to beat the heat.

HEAT STRESS CAN HAPPEN TO ANYONE. PREVENT IT.

WATER. REST. SHAD
That's how we beat the heat.



DRINK WATER OFTEN

Don't wait until you're thirsty.



TAKE BREAKS IN THE SHADE

Give your body time to cool down.



DRESS FOR THE HEAT

Lightweight, loose-fitting, light-colored clothing helps keep you cool.



LOOK OUT FOR OTHERS

Check on your coworkers. Heat stress can sneak up quick.



PACE YOURSELF

Slow down, take breaks, and know your limits.

KNOW THE SIGNS OF HEAT STRESS



HEAT EXHAUSTION

- Heavy sweating
- Weakness or fatigue
- Dizziness or lightheadedness
- Nausea or headache
- Cool, pale, clammy skin



HEAT STROKE

- High body temperature
- Hot, dry, red skin
- Confusion or disorientation
- Rapid pulse
- May lose consciousness

HEAT STROKE IS A MEDICAL EMERGENCY. CALL 911 IMMEDIATELY.

STAY COOL. STAY SAFE. FOLLOW THESE TIPS:



HYDRATE

Drink water regularly throughout the day.



COOL DOWN

Use fans, misters, or take breaks in the shade.



PLAN AHEAD

Schedule heavy work during cooler parts of the day.



PROTECT YOURSELF

Wear a hat, sunscreen, and UV-protective clothing.



BE PREPARED

Know the signs, know what to do, and where help is located.

MAKE SMART CHOICES THIS SUMMER

- ✓ Acclimate to the heat over time.
- ✓ Avoid caffeine and energy drinks.
- ✓ Keep electrolytes balanced.
- ✓ Report symptoms early.
- ✓ Work together to keep everyone safe.



A FEW EXTRA MINUTES OF PREPARATION CAN PREVENT SERIOUS INJURY.

BEAT THE HEAT!

ANNIVERSARIES

1 - 5 Years

Lily Cashin (1)
Jason Mollette Sr. (1)
Mason Lynch (1)
Vernon Stone (1)
Addie Haun (1)
Ryan Case (1)
Joe Shultz (1)
John Colocino
Harry Stevens (2)
Adam Nadolski (3)
Wyatt Kyle (3)
Pam Overtom (4)
John Miller (5)
Jason Casale (5)

6 - 10 Years

Travis Pelkey (6)
Noah Carson (6)
Randall Thompson (6)
Francis Reilly (8)
William Guarino (9)
Andrew Fleming (9)
Jim DeVos (10)
Kris Prahl (10)
Jason Hotlz (10)
Anthony Herbst (10)

11 - 15 Years

Joseph Gasienski (12)
Craig Gerber (12)
Keith Thomas (13)

30 Years +

Jill Shultz (31)
Harry Peck (35)

Mark Monahan
Rick Puryear
Adam Nadolski
Michael Crain
Christopher Vachon
Steve Bowers
Daniel Dennis
Mason Lynch
Dustin Blumer
Jim Gleason
Nathalia Monds
Ray Coleman
Mike Murray
Sun Day
Travis Kuryla
Todd Lund
Cole Haines
Stuart Allen
Nicole Gilbert
Anthony Chicone
Todd Furstoss

July 1st
July 2nd
July 2nd
July 2nd
July 2nd
July 2nd
July 3rd
July 3rd
July 7th
July 9th
July 9th
July 9th
July 9th
July 10th
July 10th
July 10th
July 11th
July 12th
July 13th
July 14th
July 16th

Lucas Last
Erich Haun
Isaiah Daniels
Jason Ahern
Mason Betterly
Mark Haun
Cal Manning
Andrew Smith
Matthew Davis
Nick Dann
Michael McGonis
Paul Kitchner
Chris Suchewski
Rob Tanner
David Gruarin
Tyler Smith
Jason Casale
Michael Henderson
Jim DeVos

July 16th
July 16th
July 17th
July 18th
July 19th
July 20th
July 20th
July 20th
July 22nd
July 22nd
July 22nd
July 22nd
July 24th
July 25th
July 26th
July 26th
July 28th
July 28th
July 29th